

FAQs > Moment Series- Sleep Companions > Moment > How to switch your Moment on/off [Moment, Moment Charge]?

## How to switch your Moment on/off [Moment, Moment Charge]?

INSIDE / AQIPA - 2024-12-11 - Moment

## You would like to switch your Moment on/off or put it into standby mode?

- Pressing the "Volume/Select" knob will boot your Moment to the last source listened.
- When you use Moment for the first time, the unit will automatically enter a DAB scan.
  All available stations are found and saved to the "Station List" without you having to do anything.
- 1. Short pressing the "**Volume/Select**" dial will mute the sound. To unmute the sound, short press the dial again.
- 1. To switch your Moment off, long press the "Volume/Select" dial.