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How do I adjust the display brightness?

Customer Support - 2026-09-25 - [Elan Sleep](#)

Would you like to adjust the display brightness on your Elan Sleep?

You can adjust the display brightness separately for **On** mode and **Standby** mode.

This lets you keep the display brighter while listening and dimmer at night.

1. Press "**Home/Back**" to open "**Settings**", then select "**System**".
2. Use the direction buttons (< or >) to highlight "**Display**", then press "**Select**".
3. Use the direction buttons (< or >) to choose "**On State**" or "**Standby**", then press "**Select**".

For each mode, you can change the following settings:

Level: Choose Auto, 0%, 20%, 40%, 60%, 80% or 100%.

Auto uses the front light sensor to adjust brightness automatically.

0% turns the display off until a button is pressed.

Timeout: Choose **YES** to dim the display after 30 seconds of inactivity, or **NO** to keep the selected brightness.

Date: Choose **ON** to show the date on the standby screen, or **OFF** to hide it.