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How do I change the playback source on my Elan Sleep?

Customer Support - 2026-09-25 - [Elan Sleep](#)

Would you like to change the playback source currently active on your Elan Sleep?

The available sources are **DAB+**, **FM** and **Bluetooth**.

1. Pressing the "**Source**" button will move to the next source.
2. Pressing the "**Source**" button repeatedly, will cycle through the available sources.
3. To confirm your selection, press the "**Select**" button.

The source will also change to the highlighted automatically after 2 seconds, if no other button is pressed.