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How do I save or access favourites?

Customer Support - 2026-09-25 - [Elan Sleep](#)

Would you like to save or access a favourite on your Elan Sleep?

Your Elan Sleep offers the option to save up to **25** presets for each, **DAB** and **FM**.

To save your selection as a preset,

1. simply hold the "**Favourites**" button pressed for 2 seconds, while listening to the station.
2. Use the direction buttons (**< or >**) to choose a favourites slot.
3. Press "**Select**" to store the station played to the selected slot.

To recall a Favourite,

1. simply tap the "**Favourites**" button to access the list of your saved favourites.
2. Scroll to the desired slot by using the direction buttons (**< or >**).
3. Press the "**Select**" button to confirm your selection.