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## How to set a Sleep Timer on an Elan Move?

Customer Support - 2026-04-10 - [Elan Move](#)

### Would you like to set a Sleep Timer on your Elan Move?

1. To reach the Sleep Timer on your Elan Move, first press the **"Home"** (Back) button
2. Press the **"Skip Forward"** (>|) button to reach „**Settings**“
3. Confirm by pressing the **"Play / Select"** (>||) button
4. Using the **"Skip Forward/Skip Back"** (>|, <|) buttons select **"Sleep"** and confirm by pressing the **"Play / Select"** (>||) button
5. Use the **"Skip Forward/Skip Back"** buttons to choose the desired duration after your Elan Move enters Standby
6. Again, confirm your selection with the **"Play / Select"** button