



Baza Wiedzy > Moment Series- Sleep Companions > Moment > How to switch your Moment on/off [Moment, Moment Charge]?

---

## How to switch your Moment on/off [Moment, Moment Charge]?

INSIDE / AQIPA - 2024-11-05 - Moment

### **You would like to switch your Moment on/off or put it into standby mode?**

1. Pressing the Volume / Select knob will boot your Moment to the last source listened.
  
1. When you use Moment for the first time, the unit will automatically enter a DAB scan. All available stations are found and saved to the "Station List" without you having to do anything.
  
1. Short pressing the "Volume/Select" dial will mute the sound. To unmute the sound, short press the dial again.
  
1. To switch your Moment off, long press the "Select" dial.